

# Welcome to Valley Learning Center

## OUR AREAS OF SERVICE

- Western Wyoming Community College Outreach
- Adult Basic Education
- HS Equivalency Certificate
- Community Education Classes
- Financial Aid Planning
- Placement Testing
- Test Proctoring
- Pearson Vue Test Center

## GET AN ASSOCIATES OR BACHELOR'S DEGREE IN BRIDGER VALLEY:

- Local Face to Face Classes
- Online Classes
- High School College Credit

Did you know that Western has agreements with several Universities to help you earn your Bachelor's degree online? Ask for details.



**Karla Behunin**  
VLC Director

You are about to discover the many and varied continuing education opportunities that Valley Learning Center offers locally. Valley Learning Center serves all ages who wish to enrich their lives and continue their education and growth. Our services include Basic Adult Education, High School Equivalency test preparation and Career Readiness Certification preparation, community education enrichment classes, WWCC academic advising, UW academic advising, financial aid advising, placement testing, proctored testing, career testing, and a 9 unit computer lab with full internet access all under one roof.

The first section of this fall schedule includes information for registering for fall college classes with Western Wyoming Community College through distance education. The second section lists the many exciting and interesting Community Education classes offered for fall. The last section explains our College and Career Readiness services.

We are very pleased to offer the quality and variety of services and educational opportunities that we have available – right here in Bridger Valley. If you have been considering returning to college or just want to take an enrichment class, no matter your age or situation, it may be easier and more convenient than you thought. If you have questions, please call or stop by Valley Learning Center. Valley Learning Center is located in Mountain View on 219 First Street. Turn south on Birch Street. Please call for directions or questions at 782-6401.

**Enrich, Equip, and Educate Today's Community for Tomorrow's World**

### Office Hours:

Monday-Thursday  
10:00 a.m. to 4:00 p.m.

### Adult Basic Education:

Day/Time: Monday thru Thursday 10:00 a.m. to 4:00 p.m.  
Evenings: Tuesday and Thursday 6:00 to 9:00 p.m.



Valley Learning Center  
219 First Street • PO Box 130  
Mountain View, WY 82939  
307-782-6401

*Serving the entire Bridger Valley: Lyman,  
Mountain View, Fort Bridger, Robertson, & Lonetree*

AREAS OF SERVICE

# REGISTRATION INFORMATION

WWCC Bridger Valley Outreach

Community Education

Adult Basic Education & High School Equivalency Certificate Preparation



*Susan Hisson*  
VLC Administrative Assistant

## Ways to Register

### Register Early for best options!

- Western Wyoming Community College Registration: 1) by phone (with credit card only), 2) in person or 3) Online at [westernwyoming.edu](http://westernwyoming.edu), choose Services and Registration
- Community Education Registration: 1) by phone (with credit card only), 2) in person or 3) online at [valleylearningcenter.coursestorm.com](http://valleylearningcenter.coursestorm.com) (requires credit card information)
- Adult Basic Education Registration: 1) by phone, 2) In person or 3) online at [valleylearningcenter.coursestorm.com](http://valleylearningcenter.coursestorm.com)

## BRIDGER VALLEY WESTERN WYOMING COMMUNITY COLLEGE OUTREACH

### Advanced CPR/AED For Professionals

HLTK 1650 L1  
1 credit  
K. Lueck  
Lyman High School  
8/27/18 - 1/17/19  
M-Th TBA

### Nurse Assistant

NURS 1510 L1  
K. Lueck  
4 credits  
Lyman High School  
8/27/18 - 1/17/19  
M-Th TBA  
Prerequisites: Health Care Provider CPR, TB Skin Test, Tdap and MMR Immunizations  
NURS 1511 MA (required)



*Amber Taylor, EOC Coordinator, works with Seniors to help understanding of financial aid.*

# BRIDGER VALLEY HIGH SCHOOL PARENTS AND STUDENTS!



- Do you know what Western Wyoming College Credit is currently available for Bridger Valley high school students to take at our local high schools?
- Do you know that high school students can get credit for both college and high school taking these courses?
- Do you know that college tuition, fees, and books are provided at no cost to the high school students and their families for those students who qualify?
- Do you know the approximate savings for Bridger Valley high school students taking Western College Credit at our Bridger Valley high schools?
- Do you know that 4 to 6 of the offered Western courses are core courses, which apply to almost every degree program in Wyoming, and most apply across the nation?

## Our Students are lucky to be in Wyoming!

Our state believes in its young people and proves it by offering qualified high school students a chance to take college classes at NO COST!

Studies show there is increased likelihood of college success for high school students who take college credit while in high school

### Some College Classes Offered and Approximate Savings

Subject to Availability

#### English I

3 college credits; Approximate savings - \$580

#### English II

3 college credits; Approximate savings - \$580

#### American & Wyoming Government & Current Issues

6 college credits; Approximate savings - \$1000

#### College Algebra

3 college credits; Approximate savings - \$650

#### College Spanish I & II

8 college credits; Approximate savings - \$1375

#### US History to 1865 and from 1865

6 college credits; Approximate savings - \$1160

#### Nurse Assistant & CPR/AED

5 college credits; Approximate savings - \$950

#### College Computers

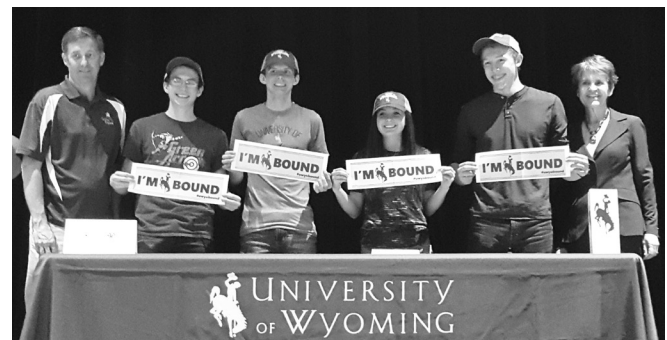
6 college credits; Approximate savings - \$1160

#### College Welding

6 college credits; Approximate savings - \$1000

**For more information on how this can apply to your student's academic plans, please contact:**

Karla Behunin  
Valley Learning Center  
219 1st Street  
307-782-6401  
kbehunin@westernwyoming.edu



UW Bound LHS/MVHS Dual and Concurrent students

# COMMUNITY EDUCATION COURSES FALL 2018



## Welcome to Valley Learning Center's Community Education Program

You are about to discover the many and varied continuing education opportunities that Valley Learning Center offers locally. Valley Learning Center serves all ages who wish to enrich their lives and continue their education and growth.

We are very pleased to offer the quality and variety of services and educational opportunities that we have this semester – right here in Bridger Valley. If you have questions, please call or stop by Valley Learning Center. Valley Learning Center is located in Mountain View on 219 First Street. Please call for directions or questions at 782-6401.

*Enrich, Equip, and Educate Today's Community for Tomorrow's World*

## Quick Reference With Start Dates

Discover	Start Dates
How To Do Disney	Tuesday, October 16, 2018
Concealed Carry for Utah and Wyoming	Saturday, September 22, 2018
Self-Defense	Wednesday, October 03, 2018
Education and Employment	Start Dates
HiSet and GED Prep Class	Monthly
Math Tutoring	Monthly
Sneak Peek at Online College Classes	Monthly
Substitute Teaching	Wednesday, September 26, 2018
Job Development Academy	Monday, October 1, 2018
Job Readiness Workshop	Tuesday, October 02, 2018
Job Readiness Workshop	Thursday, November 01, 2018
Technology	Start Dates
Desktop Publishing	Tuesday, November 06, 2018
Computers for Beginners, iPhone Help, Word and Excel Basics	Check online for new dates
<a href="http://www.valleylearningcenter.coursesform.com">www.valleylearningcenter.coursesform.com</a>	
Health & Safety	Start Dates
CPR & First Aid Combo	Saturday, September 29, 2018
CPR & First Aid Combo	Saturday, November 17, 2018
Self-Defense	Wednesday, October 03, 2018
Fitness	Start Dates
Joyful Yoga	Monday, September 10, 2018
Joyful Yoga	Monday, October 29, 2018
Nia	Monday, September 10, 2018
Nia	Monday, November 05, 2018
Traditional Jujutsu	Tuesday, September 04, 2018
Traditional Jujutsu	Tuesday, October 02, 2018
Traditional Jujutsu	Thursday, November 01, 2018
Traditional Jujutsu	Tuesday, December 04, 2018
Morning Water Aerobics	Every Mon, Wed, Fri

Please register early so the class(es) that you want is not already filled, or else canceled due to low enrollment.



## How To Get In

Mail or bring in the Community Education Registration Form from the back of this catalog or register online. Scan the QR or go directly to online registration at [valleylearningcenter.coursesform.com](http://valleylearningcenter.coursesform.com). Payment is required at registration.

**Best Chance of Happiness:** Register at least 10 days prior to the start date. Do this so the class that you want is not already filled, or else canceled due to low enrollment. Registration continues until the course begins unless the class fills or is canceled. For most classes, if the class is running and not full, you will be allowed to join the "in progress" class. However, no fees are pro-rated

Community education courses are taught at several locations in Bridger Valley. Please check the locations for the courses you would like to attend. New courses could be added during the semester.

Due to limited enrollment size, registration will be on a first-come first-serve basis.

Senior citizen discount is 25% off registration. Senior citizen age is 60 years old. Discount may not apply to certification classes. To apply senior discount to online registration, call VLC for Senior Discount promo code.

Children who are not class participants are not allowed to attend classes or loiter in facilities.

Kid's Classes	Start Dates
The Art Factory	Monday, October 01, 2018
Craft Camp (8-11yrs)	Friday, November 02, 2018
Craft Camp (5-8yrs)	Friday, October 19, 2018
Babysitting 101	Friday, October 26, 2018
Calling Future Marine Biologists!	Thursday, November 01, 2018
Cooking is Fun!	Tuesday, November 06, 2018
Karate	Tuesday, September 04, 2018
Karate	Tuesday, October 02, 2018
Karate	Thursday, November 01, 2018
Karate	Tuesday, December 04, 2018
Mini Veterinarian	Monday, November 05, 2018
Tumbling Pre-School	Monday, September 10, 2018
Tumbling Beginner	Tuesday, September 11, 2018
Tumbling Intermediate	Monday, September 10, 2018
Tumbling Advanced	Tuesday, September 11, 2018
Community	Start Dates
Hunter Safety	Check online for dates
Western Wyoming Community College Theater Productions	
~ James and the Giant Peach	October 11, 12, 13
~ Halloween Music Concert	October 29 – Free
~ Promises, Promises	November 30, December 1, 6, 7, 8
~ Dance Concert – Body of Work	March 7, 8, 9
~ Assassins	April 26, 27, May 2, 3, 4



Photo Credit: Wild Rose Photography

# DISCOVER

## How To Do Disney

Come learn some great tips and tricks to planning a big special trip to Disney and other destinations as well. Where do you begin? Can you do a trip on a budget? How far in advance do you have to make decisions or how last minute is possible? It's easy to get overwhelmed in the beginning. This class will help you do your planning so you can enjoy the trip when you get there! We'll talk about destinations, accommodations, activities, and costs. Learn how to break the process down so planning becomes easier and less overwhelming. Your future memories await!

**Davis**  
**\$20.00**

**Tue, 6 PM - 8 PM**  
**Starts: 10/16/2018 Ends: 10/16/2018**  
**1 Session(s)**  
**Valley Learning Center**



## Concealed Carry for Utah and Wyoming

The Concealed Carry Plus course is the True North Strategic Concealed Carry Class. We believe in putting assets on the street and that the minimum required by the state is not enough to make you an asset. In this course we will cover the laws pertaining to carrying and using a firearm for self-defense and the use of deadly force in the classroom. Then we will go to the range and build a solid defensive shooting foundation for you to build on with further training. This course was developed to fill the void in training between the state minimum training, and becoming a confident armed citizen. Age required: Must be within 1 year of your 21st birthday or older.

**Bentley**  
**\$75.00**

**Sat, 9 AM - 3 PM**  
**Starts: 9/22/2018 Ends: 9/22/2018**  
**1 Session(s)**  
**Valley Learning Center**



## Self-Defense

Self-Defense course for men and women. Come as a family and help each other learn how to be safe in several common situations. The class will cover personal safety and basics of hands-on defense training. For adults and students who are at least high school age.

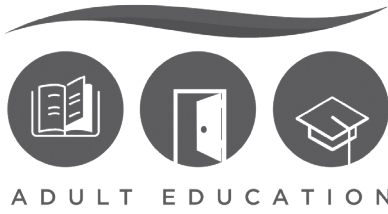
**Woodland**  
**\$59.00**  
**Wed, 7 PM - 9 PM**  
**Starts: 10/3/2018 Ends: 10/31/2018**  
**5 Session(s)**  
**MVHS**

# EDUCATION AND EMPLOYMENT

## HiSet and GED Prep Class

Tired of that low paying job? Have dreams of college but didn't graduate high school? We can help! Valley Learning Center offers FREE HiSet and GED preparation classes for all individuals 16 and up who are not currently enrolled in high school. Our classes are small and highly individualized with plenty of one on one instruction. Let the Valley Learning Center help you pave the way for a brighter future. Come in today and begin earning your High School Equivalency Diploma!

**Jensen/Irick**  
**Valley Learning Center**  
**Free**  
**Day and Evening Sessions Available**  
**Register Monthly**



## Math Tutoring

A little help please? Yes! Valley Learning Center offers math tutoring. Our instructors are seasoned professionals with years of experience working with all levels of student ability. Please call to make an appointment to plan your math tutoring needs at 307-782-6401.

**Irick**  
**Days vary by appointment**  
**Valley Learning Center**



## Sneak Peek at Online College Classes

Want to see how online classes work? Or just let us help you make sure you're ready to start your distance learning online college class? We'll help you with log-in to Mustang Cruiser, become familiar with all the services found there, and give you an overview of Canvas - the online classroom for internet courses where the teacher and students interact. For more information, call 307-782-6401 or email shissong@westernwyoming.edu.

**Hissong**  
**Valley Learning Center**  
**Free**  
**Day/Time: M-TH, 2-4pm**  
**Please call for appointment**



## Substitute Teaching

This community class meets the requirements of "at least 24 hours of school district in-service training" as mentioned on the state of Wyoming Professional Teaching Standards Board website. This class is designed to prepare students to become substitute teachers. It will cover the use and application of lesson plans, elements of instruction, emergency plans, classroom organization and behavior management skills. Students will learn about duties and job descriptions for all levels. Successful completion of the course is based on attendance. Become a substitute teacher with your high school diploma (or High School Equivalency) and this class. Upon completion and with additional observation time, you can meet the requirements to become a certified substitute teacher in the state of Wyoming. Additionally, you will be required to undergo background checks to work in local school districts. Classes are Wednesdays. There will be one night of class that will meet on a different night because of district parent/teacher conferences. That will be announced at the beginning of the class.

PLEASE NOTE - All current state requirements to gain your Substitute Teaching Permit are listed online at ptsb.state.wy.us. Requirements are subject to change. If you are not certain of your current eligibility to become a substitute teacher in Wyoming, please check with the Wyoming Professional Teaching Standards Board. If you have ever been a substitute teacher before, and your certification has lapsed, this class is not for RE-certification.

**Irick**  
**\$85.00**  
**Wed, 6 PM - 9 PM**  
**Starts: 9/26/2018 Ends: 11/14/2018**  
**8 Session(s)**  
**Valley Learning Center**



Photo Credit: WildRosePhotography

### Job Development Academy

The Job Development Academy is an 8 week course designed to provide students with the guidance and support needed to not only successfully enter the workforce but to create and begin working towards a realistic, clear and attainable career goal. This class will require students to learn more about themselves as they learn the skills to navigate through, around, or over obstacles to success. Students will learn what it means to have a "growth" mindset and how an individual's success or failure typically depends on their willingness to turn failures into learning experiences.

**Varela**  
**\$650.00**  
**Mon, 4:30 PM - 6:30 PM**  
**Starts: 10/01/2018 Ends: 11/19/2018**  
**8 Session(s)**  
**Valley Learning Center**



Photo Credit: WildRosePhotography

### Job Readiness Workshop

This excellent 3-day workshop covers three areas vital to any job seeker: 1) Job Searching & Matching - This class will help one learn how to use the WyomingatWork.com website in job search activities. The principles learned can be applied to other job search/announcements websites. Pre-requisites: create account for the WyomingatWork.com website (minimum username and password). Class will cover subjects such as Labor Market Information, on-line resumes, virtual recruiters and job skills identification utilizing the WyomingatWork.com website.

2) Resume & Cover Letter - This class will help one understand the purpose, information on a resume, and types of resumes and their uses. Discussion of cover letters, their purpose and how to write a cover letter. If time allows, critiques of individual resumes will be done. Discussion will cover information on a resume, formatting a resume, and how to use your information for interviewing. Pre-requisite: WyomingatWork.com registration.

3) Interviewing and Dressing for Success - This class will help participants prepare for interviews. Class provides information on interviewing techniques for successful interviewing, identifying your skills. Also discussed will be attire for interviewing. If time allows, practice interviews will be conducted. Pre-requisites: WyomingatWork.com registration. Job Readiness Workshop - October

**Espy**  
**Free**  
**Tue, 2 PM - 4 PM**  
**Starts: 10/2/2018 Ends: 10/16/2018**  
**3 Session(s)**  
**VLC Classroom #1 & Lab**

### Job Readiness Workshop - November

**Espy**  
**Free**  
**Thu, 2 PM - 4 PM**  
**Starts: 11/1/2018 Ends: 11/15/2018**  
**3 Session(s)**  
**VLC Classroom #1 & Lab**



## TECHNOLOGY

### Desktop Publishing

This class will teach beginners the fundamentals of how to use either Microsoft Publisher (not free software) or Scribus (freeware). Students will learn how to design brochures, newsletters, business cards, and menus. Take your office skills to a new level with desktop publishing.

**Davis**  
**\$40.00**  
**Tue, 6 PM - 8 PM**  
**Starts: 11/6/2018 Ends: 11/13/2018**  
**2 Session(s)**  
**Valley Learning Center**



*See other newly added classes online at [www.valleylearningcenter.coursetorm.com](http://www.valleylearningcenter.coursetorm.com)  
 New classes may include Computers for Beginners, iPhone Help, Word and Excel Basics.*

## HEALTH & SAFETY

### CPR & First Aid Combo - September

Get two certifications during one class! CPR and First Aid will BOTH be covered in this class. CPR section: designed to give students the skills and knowledge to recognize and respond to cardiac and breathing emergencies until advanced medical help arrives. Students will receive current Red Cross CPR and AED (Automated External Defibrillator) certification for Adults, Children and Infants current for two years from the date of the class. This class meets OSHA and MSHA requirements, and certification for medical professionals is also available with advance notice to the instructor. The FIRST AID section is designed to give students the skills and knowledge to recognize and respond to sudden medical emergencies such as seizures, diabetic problems, heat or cold related emergencies, or injuries. Certification is current for two years from the date of the class. CPR Professional Rescuer Certification available with instructor

**Davis**  
**\$90.00**  
**Sat, 8 AM - 12 PM**  
**Starts: 9/29/2018 Ends: 9/29/2018**  
**1 Session(s)**  
**Mountain View Town Hall**

### CPR & First Aid Combo - November

**Davis**  
**\$90.00**  
**Sat, 8 AM - 12 PM**  
**Starts: 11/17/2018 Ends: 11/17/2018**  
**1 Session(s)**  
**Valley Learning Center**

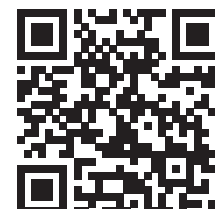


### Self-Defense

Self-Defense course for men and women. Come with family or friends and help each other learn how to be safe in several common situations. The class will cover personal safety and basics of hands-on defense training. For adults and students who are at least high school age.

**Woodland**  
**\$59.00**  
**Wed, 7 PM - 9 PM**  
**Starts: 10/3/2018 Ends: 10/31/2018**  
**5 Session(s)**  
**MVHS**

**Sign up early! Happiness is never having to cancel a class. Register online at [valleylearningcenter.coursetorm.com](http://valleylearningcenter.coursetorm.com).**



# FITNESS

## Joyful Yoga Session 1

This yoga class will focus on posture, breath, reducing the stress of everyday life and remembering the Joy of movement through heart-felt class themes. All levels are encouraged to participate. Students will need to bring a yoga mat and a blanket. Age Requirement: High school and older.

**Black**  
**\$75.00**

**Mon, Wed, 7 PM - 8:15 PM**  
**Starts: 9/10/2018 Ends: 10/24/2018**  
**14 Session(s)**  
**Urie Elementary**

## Joyful Yoga Session 2

This yoga class will focus on posture, breath, reducing the stress of everyday life and remembering the Joy of movement through heart-felt class themes. All levels are encouraged to participate. Students will need to bring a yoga mat and a blanket. Age Requirement: High school and older.

**Black**  
**\$75.00**

**Mon, Wed, 7 PM - 8:15 PM**  
**Starts: 10/29/2018 Ends: 12/17/2018**  
**14 Session(s)**  
**Urie Elementary**



## Nia Session 1

Nia is a fitness program designed for Every Body based on the body's intelligent design. Each class brings mindfulness to your movement and is an exhilarating workout leaving you energized, mentally clear, and emotionally balanced. Lisa is a licensed Brown Belt Nia Instructor who motivates and teaches each student to maximize their body's efficiency and to adapt to their individual needs. Each Nia session offers students low impact cardiovascular conditioning, increased flexibility and agility, strength and muscle definition and relaxation techniques. Students should wear comfortable clothing that will move with you, bring a water bottle and a mat or towel for floor work and relaxation. Must be 13 years old or older.

**Selch**  
**\$78.00**

**Mon, Wed, 5:30 PM - 6:45 PM**  
**Starts: 9/10/2018 Ends: 10/31/2018**  
**16 Session(s)**  
**Urie Elementary**

## Nia Session 2

Nia is a fitness program designed for Every Body based on the body's intelligent design. Each class brings mindfulness to your movement and is an exhilarating workout leaving you energized, mentally clear, and emotionally balanced. Lisa is a licensed Brown Belt Nia Instructor who motivates and teaches each student to maximize their body's efficiency and to adapt to their individual needs. Each Nia session offers students low impact cardiovascular conditioning, increased flexibility and agility, strength and muscle definition and relaxation techniques. Students should wear comfortable clothing that will move with you, bring a water bottle and a mat or towel for floor work and relaxation. Must be 13 years old or older.

**Selch**  
**\$73.00**

**Mon, Wed, 5:30 PM - 6:45 PM**  
**Starts: 11/5/2018 Ends: 12/19/2018**  
**13 Session(s)**  
**Urie Elementary**

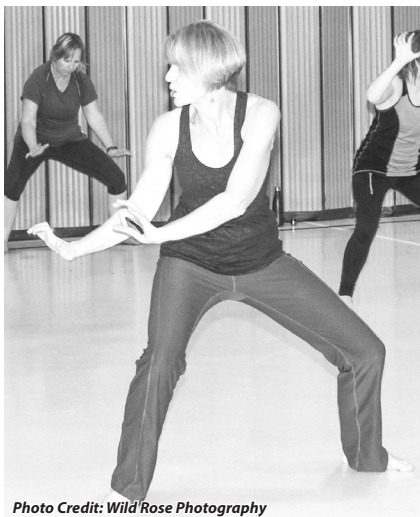


Photo Credit: Wild Rose Photography

## Traditional Jujutsu

Danzan Ryu Jujitsu traces its roots all the way to the samurai. Students will learn an art that teaches self-defense as a by-product, not violence. From the first day of learning customs and courtesies to then learning rolls, falls, and escapes from holds then moving to throwing, ground work and striking, with a strong emphasis on safety. Students learn to protect themselves and become physically fit. Healing arts, anatomy, physiology and massage balance out the curriculum. The ultimate goal of the Danzan Ryu is perfection of character. Students are challenged to be more and do more than they thought possible. Rank is achieved by hard work, positive attitude, and learning physical as well as academic curriculum. Written and performance examinations are administered when students are ready to advance. Outside reading and study are encouraged and maintaining a notebook of what's learned is necessary. Students can achieve rank up to black belt through this program. Our system of martial arts has direct lineage to the founder of the system. This class is a good way to become more physically fit and mentally challenged with increases seen in self-esteem, positive attitude, and growth in character. Our program helps build friendships with returning and new students.

Ages 14 and older are welcome. Younger students may be accepted with instructor permission. Family discount! You MUST enter a PROMO CODE to receive an online discount. Call 307-782-6401 to get the promo code for your class. Two family members get to take \$10 off each registration. Three or more family members take \$15 off each registration. ALL STUDENTS MUST PAY A ONE-TIME ANNUAL \$25 MEMBERSHIP FEE to the American Jujutsu Institute for liability purposes. This once annual fee is good from January through December and is due to the instructor at your first class.

**Woodland**  
**\$60.00**

**Location to be announced.**  
**Traditional Jujutsu September**  
**Tue, Thu, 6 PM - 8 PM**  
**Starts: 9/4/2018 Ends: 9/27/2018**  
**8 Session(s)**

**Traditional Jujutsu October**  
**Tue, Thu, 6 PM - 8 PM**  
**Starts: 10/2/2018 Ends: 10/30/2018**  
**9 Session(s)**

**Traditional Jujutsu November**  
**Tue, Thu, 6 PM - 8 PM**  
**Starts: 11/1/2018 Ends: 11/29/2018**  
**8 Session(s)**

**Traditional Jujutsu December**  
**Tue, Thu, 6 PM - 8 PM**  
**Starts: 12/4/2018 Ends: 12/20/2018**  
**6 Session(s)**

## Morning Water Aerobics

Come enjoy a low impact workout. We meet 3 mornings a week in the warm water, small pool. The water is shallow and no swimming skills are required. You will get your heart rate up and keep moving every 2 minutes with a new exercise. Join anytime and pay only each time you arrive at the pool.

**Wakely**

**Pay at LHS pool**

**\$3 per visit, \$2 for senior citizens**  
**Mon, Wed, Fri, 6:30 AM - 7:30 AM**  
**Starts: Class runs all year. Join anytime.**  
**Lyman High School Pool**

Don't miss out on the fun...  
REGISTER TODAY!



## KID'S CLASSES

### The Art Factory

Let's bring out your creative side while we explore different areas of art! We will be painting, learning skills and crafting while using different avenues of art to show off your artistic talents! Each child will be bringing home an art piece they made. For ages 8-11.

**Stierle**  
**\$40.00**  
**Mon, 4:30 PM – 5:30 PM**  
**Starts: 10/01/2018 Ends: 10/15/2018**  
**3 Session(s)**  
**Valley Learning Center**



### Craft Camp (8-11yrs)

Come use your creative side while learning and making a fun craft! Your child will bring home a fun craft they learned to make using different skills! For ages 8-11. Look online for updated craft project descriptions and registration: [www.valleylearningcenter.coursestorm.com](http://www.valleylearningcenter.coursestorm.com)

**Stierle**  
**\$35.00**  
**Fri, 2:00 PM – 4:30 PM**  
**Starts: 11/02/2018 Ends: 11/02/2018**  
**1 Session**  
**Valley Learning Center**

### Craft Camp (5-8yrs)

Come use your creative side while learning and making a fun craft! Your child will bring home a fun craft they learned to make using different skills! For ages 5-8. Look online for updated craft project descriptions and registration: [www.valleylearningcenter.coursestorm.com](http://www.valleylearningcenter.coursestorm.com)

**Stierle**  
**\$35.00**  
**Fri, 2:00 PM – 4:00 PM**  
**Starts: 10/19/2018 Ends: 10/19/2018**  
**1 Session**  
**Valley Learning Center**



### Babysitting 101

Young babysitters will learn how to keep children safe and happy. This class will cover using fun and educational games and activities for kids, how to prepare healthy snacks and what information a young babysitter needs from the parents. Come find out how to take care of the kids and please the parents too!

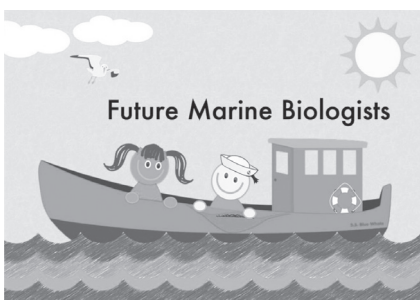
For ages 11 and older.  
**Varela**  
**\$30.00**  
**Fri, 9 AM - 12 PM**  
**Starts: 10/26/2018 Ends: 10/26/2018**  
**1 Session(s)**  
**Valley Learning Center**



### Calling Future Marine Biologists!

Let's learn about the work of a Marine Biologist. Do you love the ocean? Are you interested in dolphins and whales? While many marine biologists study these intelligent and endearing creatures, there are many other interesting topics to discover. We'll look at facts ranging from the largest whale down to tiny plankton, microbes, and even the seawater itself. Come dive into exploring amazing sea creatures, study life in the oceans, and the ocean itself. For 5th and 6th grade students.

**Gilbertson**  
**\$40.00**  
**Thu, 5 PM - 6 PM**  
**Starts: 11/1/2018 Ends: 11/29/2018**  
**4 Session(s)**  
**Valley Learning Center**



**Sign up early! Happiness is never having to cancel a class. Register online at [valleylearningcenter.coursestorm.com](http://valleylearningcenter.coursestorm.com).**



### Cooking is Fun!

Kids can learn to cook and have fun too! We will be learning how to make a kid friendly breakfast, lunch, snack and dinner. We will also be learning some basics of health including hand washing, healthy eating habits and more. This will be a very fun class for children. They will learn recipes and habits they can use all their life! For kids K - 5th.

**Lantz**  
**\$40.00**  
**Tue, 4:30 PM - 6 PM**  
**Starts: 11/6/2018 Ends: 11/13/2018**  
**2 Session(s)**  
**MVK8**



Photo Credit: Wild Rose Photography

### Karate

Tang Soo Do is a traditional Korean style of Karate that stresses the development of character as well as physical fitness and improvement. The course is designed to develop the fundamental techniques of blocking, punching, striking and kicking. Proper form, balance, coordination and control are achieved through the repetition of basic techniques, stances, conditioning exercises and the practice of kata (formal exercises which combine basic karate techniques) as well as coordinated three-step sparring with a partner. Our purpose is to introduce students to a comprehensive program which incorporates the techniques and principles of traditional Karate and other martial arts in a noncompetitive group environment. The emphasis is on self-development and cooperation rather than on competition. Training in traditional martial arts provides both physical and mental development which leads to the balanced growth of the student's body and mind. This training also enriches the students' lives by giving them an understanding of certain martial values and virtues. Ages 6 years old through 14. Family discount: if you have 2 or more children from the same family, take \$5 off each registration. You MUST enter a PROMO CODE to receive an online discount. Call 307-782-6401 to get the promo code for your class. ALL STUDENTS MUST PAY A ONE-TIME ANNUAL \$25 MEMBERSHIP FEE to the American Jujutsu Institute for liability purposes. This once annual fee is good from January through December and is due to the instructor at class.

**Woodland**  
**\$35.00**  
**Location to be announced**  
**Karate September**  
**Tue, Thu, 5 PM - 6 PM**  
**Starts: 9/4/2018 Ends: 9/27/2018**  
**8 Session(s)**

**Karate October**  
**Tue, Thu, 5 PM - 6 PM**  
**Starts: 10/2/2018 Ends: 10/30/2018**  
**9 Session(s)**



**Karate November**  
 Tue, Thu, 5 PM - 6 PM  
 Starts: 11/1/2018 Ends: 11/29/2018  
 8 Session(s)

**Karate December**  
 Tue, Thu, 5 PM - 6 PM  
 Starts: 12/4/2018 Ends: 12/20/2018  
 6 Session(s)

**Mini Veterinarian**  
 Hands on and interactive activities like the real veterinarians do! Age appropriate activities and crafts to allow your student to experience the world of animals in a pet hospital. Students will each have a stuffed animal and certificate of completion from the course. For kids 5-6 years old.  
**Osborne**  
**\$40.00**  
**6 PM - 7 PM**  
**Starts: November class dates to be announced**  
**2 Session(s)**  
**Uinta Veterinary Hospital**



Photo Credit: Wild Rose Photography

**Tumbling Pre-School**  
 Tumbling PRE-SCHOOL is a special 30 minute class for our newest tumblers! All potty-trained children, ages 3-4 are welcome to join this fun-filled class! We will be focusing on the development of movement skills. Children will learn action, balance, and coordination with a range of different activities. We will learn beginning skills such as forward and backward rolls in all positions, cartwheels, headstands, and the beginning motor skills to prepare them for future tumbling. \*\*Parents must sign-in/out children from each class. Recital is the last day at your regular class time.

**Stiglitz**  
**\$30.00**  
**Mon, 4:30 PM - 5 PM**  
**Starts: 9/10/2018 Ends: 10/15/2018**  
**6 Session(s)**  
**LIS**



Photo Credit: Wild Rose Photography

**Tumbling Beginner**  
 Join our popular and exciting tumbling class! This class is for beginners who are 5 years old or older. We will be focusing on the development of movement skills. Children will learn action, balance, and coordination with a range of different activities! We will be learning skills in addition to preschool skills, handstands, round offs, backbends, and many more! Recital is last day at your regular class time.  
**Stiglitz**  
**\$49.00**  
**Tue, 4:30 PM - 5:30 PM**  
**Starts: 9/11/2018 Ends: 10/16/2018**  
**6 Session(s)**  
**LIS**

**Tumbling Intermediate**  
 Join our popular and exciting tumbling class. This class is for intermediate tumblers. We will be focusing on the development of movement skills. Children will learn action, balance, and coordination with a range of different activities! In addition to prior skills, we will be learning back walk overs, front walk overs, front hand springs, back handsprings, and much more. All tumblers are required to have taken a beginner's class. Recital is last day at your regular class time.  
**Stiglitz**  
**\$49.00**  
**Mon, 5 PM - 6 PM**  
**Starts: 9/10/2018 Ends: 10/15/2018**  
**6 Session(s)**  
**LIS**

**Tumbling Advanced**  
 After completing the required skills of previous levels students will enjoy learning more advanced skills such as front handsprings, dive cartwheels, back extensions, back handsprings, and much more. Coach approval required for this class. Recital is last day at your regular class time.  
**Stiglitz**  
**\$49.00**  
**Tue, 5:30 PM - 6:30 PM**  
**Starts: 9/11/2018 Ends: 10/16/2018**  
**6 Session(s)**  
**LIS**



Michael Smith  
 VLC Community Education Program Coordinator

## COMMUNITY

**Hunter Safety**  
 A listing of Hunter Safety courses can be found online at <https://wgfd.wyo.gov/HunterEdRegistration/fmCourseList.aspx>



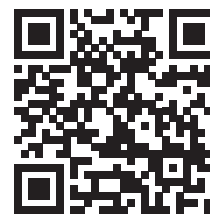
**Western Wyoming Community College Theater Productions**  
[www.westernwyoming.edu/academics/theatre/tickets.html](http://www.westernwyoming.edu/academics/theatre/tickets.html)

All shows are at 7:30 pm in the WWCC Theatre with the exception of some 2:00 pm public matinee performances on designated productions. All WWCC students get in free with ID cards.

**James and the Giant Peach**  
 October 11, 12, 13 (2pm and 7:30pm performances)  
 Halloween Music Concert  
 October 29 (free)  
**Promises, Promises**  
 November 30, December 1, 6, 7, 8 (2pm and 7:30pm performances)  
**Dance Concert – Body of Work**  
 March 7, 8, 9 (2pm and 7:30 performances)  
**Assassins**  
 April 26, 27, May 2, 3, 4 (2pm and 7:30 performances)



Don't miss out on the fun...  
 REGISTER TODAY!



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## CONTINUING EDUCATION CREDITS - ED2GO & PTSB

### Need Teacher Recertification Credits?

Some of our Community Education courses and Ed2Go on-line classes are approved for teacher in-service credit towards re-certification. If you are taking a class for PTSB re-certification credit, please let the instructor know before the class begins.

#### Previous Wyoming PTSB Approved Courses

(Ed2Go course credit - 1.5 cr each, others as indicated)

Creating a Classroom Website

Creating K-12 Learning Manuals

Creating the Inclusive Classroom: Strategies for Success

Differentiated Instruction in the Classroom

Easy Classroom Podcasting

Empowering Students with Disabilities

Enhancing Language Development in Childhood

Get Assertive!

Grammar Refresher Series

Guiding Reading and Writing

Guiding Kids on the Internet

CSS3 & HTML5

Introduction to all Microsoft applications and Intermediate level classes

Microsoft Powerpoint in the Classroom and other Powerpoint classes

Microsoft Word in the Classroom and other Word Classes

Photoshop – for many uses and levels

Reading Strategies Series

Ready, Set, Read!

Solving Classroom Discipline Problems I & II

Spanish in the Classroom

Speed Spanish I & II

Teaching ESL/EFL Series

Teaching Math/Science/Writing Grades K-3 or Grades 4-6

Teaching Smarter with SMART Boards

Teaching Students with ADHD

Teaching Students with Autism: Strategies for Success

The Creative Classroom

The Differentiated Instruction and Response to

Intervention Connection

Understanding Adolescents

Using the Internet in the Classroom

Working Successfully with Learning Disabled Students

Creating a Classroom Website

And many more...

Contact the Wyoming Department of Education Professional Teaching Standards Board to confirm credit approval for the above courses. Website – [ptsb.state.wy.us](http://ptsb.state.wy.us), click on Professional Development tab, then on View Upcoming PTSB Approved Workshops link. Or contact at -

Professional Teaching Standards Board  
1920 Thomas Avenue, Suite 400, Cheyenne, WY 82002  
Phone (307) 777-7291 | Fax (307) 777-8718 | 1-800-675-6893

Take any of the approved courses to meet continuing education requirements through Professional Teaching Standards Board

**Go To:** [www.ed2go.com/bv](http://www.ed2go.com/bv)

**Find:** PTSB approved course that you prefer

**Search:** For course title on Ed2Go BV page

**Enroll:** Completing the course (including homework, quizzes & final exam), print out & submit the Certificate of Completion to the Wyoming PTSB

# VALLEY LEARNING CENTER CAREER AND COLLEGE READINESS CENTER



## VLC Career and College Readiness Center Hours:

Monday through Thursday – 10:00 am to 3:00 pm  
Evenings – Tuesdays and Thursdays – 6:00 pm to 9:00 pm  
After Labor Day to Memorial Day weekend

### Monthly Registration and Enrollment

Valley Learning Center can help anyone, 16 years of age or older, prepare and successfully earn a Wyoming High School Equivalency Certificate. (16 & 17 year old students require a state issued age waiver). To begin preparation, students are given placement tests in reading, writing and math to determine their preparation needs. Come in and we can help you with an individualized study schedule and instruction that will prepare you to succeed. Scholarships are available for those who qualify. Getting your Wyoming High School Equivalency Certificate enhances your education, employment, and money earning opportunities.

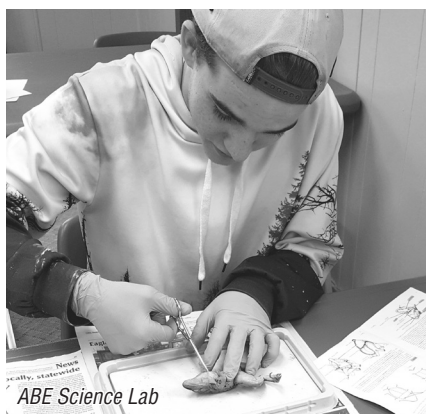


*Graduates at Commencement*

### English as a Second Language Free

**Valley Learning Center**  
**Open entry/open exit**

The Valley Learning Center ESL class is designed for foreign born students who want to improve their English speaking, listening and writing skills. The class offers conversational practice and study labs are available to meet the needs of a beginning, intermediate or advanced ESL student. Must register.



*ABE Science Lab*

### Math for the Real World and Basics of Algebra Tutoring

**Free**

**Valley Learning Center**

Math is one of those skills that is commonly lacking or is easily forgotten. This class will start at your level and work you up to where you want to be. Individualized instruction allows for personal attention in order to meet student's schedule and specific needs. This is a great class to prepare you for college, helping your children, or just improve your math skills. The basics of math, algebra and geometry can be covered. This will also give you preparation for college math classes and the college placement testing.



*ABE Classroom*

### Adult Basic Education Skills

**Free**

**Valley Learning Center**

Classes in reading, writing, and math are available to those individuals who want to obtain a High School Equivalency Certificate or improve their basic skills. These are individualized studies of English Grammar, Writing Skills and Math Skills. It covers grammar, punctuation, basic writing skills, basics of math, algebra and geometry. This is a great class to prepare you for college, helping your children, or just improve your writing and math ability. Small classes and individualized instruction allow for personal attention in order to meet the student's schedule and specific needs. Computerized instruction, individual tutoring and an open study lab are available during the day and evening. The Center administers the HSEC tests at regularly scheduled times.



*Western Outreach students get help with math*



*ABE Instructor, Amy Jensen with students*

# NON-CREDIT REGISTRATION FORM FALL 2018



**Valley Learning Center COMMUNITY EDUCATION**  
 PO Box 130 - 219 1st Street - Mountain View, WY 82939  
 PH: 307.782.6401 FAX: 307.782.7410  
 westernwyoming.edu/vlc


Online Registration



valleylearningcenter.coursestorm.com

Participant Name (Last, First, Initial):		Class Name(s)	Date/Time/Location	Fee
Mailing Address:				
City:				
State:	Zip:	Age:		
Phone #1:		Phone #2:		
Email Address:			FEE TOTAL	
Card Number:		Billing Zip & Exp Date:	Name on Card	CVV Code:

PLEASE NOTE ALL REGISTRATION POLICIES:  
 -All classes are for registered participants only. We want everyone safe in all our class locations. So please do not bring children to class who are not class participants.  
 -For some classes, if the class is running and not full, you will be allowed to join the "in progress" class. However, no fees are pro-rated.  
 -Participation in Community Education classes may result in photo image use in promotional materials.  
 -All fees are subject to change

VLC OFFICE USE ONLY		 Like us on facebook at <a href="https://facebook.com/valleylearningcenter">facebook.com/valleylearningcenter</a>
Date Registered:	_____	
Payment received from:	_____	
Amt Received:	_____ Ck# _____ Cash <input type="checkbox"/> CCard <input type="checkbox"/>	
Receipt Given:	Y or N	
Enrollment ID#		

## Do you have a hobby you would like to share or a talent you would like to learn?

The Valley Learning Center would like to add new classes to meet your needs!

- I would like to teach a class on the topic below.
- I would like to take a class on the topic below.
- I would like to receive email notifications on upcoming class(es) on the topic(s) below.

Your Name \_\_\_\_\_ Phone # \_\_\_\_\_

Address \_\_\_\_\_ E-mail Address \_\_\_\_\_

Class Name \_\_\_\_\_ Suggested Instructor \_\_\_\_\_